

# Knowledge translation and self-management in chronic diseases: contexts, tools and practices

May 18-19<sup>th</sup> 2017  
IDHEAP, room AULA  
University of Lausanne - M1 UNIL Mouline

For organisational reasons, **the inscription is free, but mandatory**. Thank you for sending an email to: [giada.danesi@unil.ch](mailto:giada.danesi@unil.ch)

This interdisciplinary conference aims at crossing concepts and empirical research on the processes through which knowledge translation takes place in the self-management of chronic diseases, with a specific scrutiny of the expected and actual functions of the tools and the context in which translation occurs, on the one hand, and of the difficulties and negotiations that people living with a chronic disease face in gaining autonomy, on the other hand. For this purpose, the conference will bring together scholars working within different disciplines as well as healthcare practitioners, designers of medical devices and policy makers, i.e. actors who contribute to the on-going reflection on these salient issues.

**The organisers:** Prof. Michèle Grossen, Prof. Bernard Burnand, Prof. Francesco Panese, Dr. Giada Danesi, Dr. Vincent Pidoux, Mélody Pralong

**For more information:** <https://www.unil.ch/stslab> & <https://www.unil.ch/ip>

## Knowledge translation and self-management in chronic diseases: contexts, tools and practices

In past decades, chronic diseases have become a salient social, political and healthcare issue. Empowerment, autonomy and self-management have been defined as medical priorities for the therapeutic support and healthcare of people living with chronic disease. The ways people cope with chronic disease require heterogeneous knowledge, including lay and medical notions and skills, and interactions with a large variety of healthcare professionals and other supporting actors (relatives, friends, patients, etc.). Thus, the complexity of chronic care implies a delegation of part of the medical tasks to patients, in order to enable them to undertake by themselves effective self-care and, in so doing, to improve their quality of life. Indeed, patients' self-management of chronic diseases and their relationship with healthcare practitioners rely more and more on the use of various tools which are expected to be driven by evidence based knowledge in order to enhance efficient and effective care and self-care. This situation needs an accurate understanding on how techniques and tools do or not contribute to this effective self-care.

In this increasingly widespread situation, *knowledge translation* appears to be inseparable from *practices*, whose understanding requires the analysis of activities in which actors are involved and tools that mediate their activity in chronic (self-) care management. A sharp focus upon practices, contexts of use and tools could thus produce a better understanding of the production, transmission, transformation and negotiation of knowledge between the actors involved in the management of chronic diseases.

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## PROGRAM

### 18<sup>th</sup> MAY

13.15-13.45

*Registration*

13.45-14.00

**Opening 'Knowledge translation in chronic disease: Healthcare issues'** by Michèle Grossen, LARPsyDIS-University of Lausanne, & Bernard Burnand, IUMSP-University of Lausanne/CHUV

14.00-15.00

**Keynote lecture by Ayo Wahlberg, University of Copenhagen**  
**Chronic diseases as kinds of living**

15.00-16.30

**Session 1: Everyday practices of/with people living with chronic diseases**  
(Chair: Yannis Papadaniel, LACS-University of Lausanne)

15.00-15.30

Analysing therapeutic education in context: when practitioners take a reflexive stance on their practices  
Marcelo Dos Santos Mamed, LARPsyDIS-University of Lausanne

15.30-16.00

*Coffee break*

16.00-16.30

Technologies of compliance? Telecare technologies and self-management of COPD patients  
Ivo Maathuis, Avans Hoogeschool

16.30-17.00

Learning to manage diabetes' risks in school  
Mélody Pralong, STSLab-University of Lausanne

17.00-18.00

**Keynote lecture by Anne Rogers, University of Manchester and Southampton**  
**The power of activating personal social networks to manage health & well-being relevant to long term conditions: optimising connections and mobilising resources**

18.00-18.30

*Welcome drink*

### 19<sup>th</sup> MAY

09.00-10.00

**Keynote lecture by Åsa Mäkitalo, University of Gothenburg**  
**Documentary practices revised: How patient-generated data transform consultations in hypertension care**

10.00-10.30

*Coffee Break*

10.30-12.00

**Session 2: About potential misfits between care strategies and (self-)care practices**  
(Chair: Christina Akre, IUMSP-University of Lausanne/CHUV)

10.30-11.00

Obstacles and opportunities to develop chronic care programs  
Isabelle Peytremann Bridevaux, IUMSP-University of Lausanne/CHUV

11.00-11.30

The ambivalence of autonomy: between resistance and compliance  
Claudine Burton-Jeangros, University of Geneva

11.30-12.00

Between medical prescription and proscription of crisis when the child has asthma or epilepsy. Thinking strategies and practices within the triadic space  
Margaux Bressan & Sarah Bonnard, THEMA-University of Lausanne

12.00-13.30

*Lunch*

13.30-15.00

**Session 3: Design and contextualised uses of self-management tools**  
(Chair: Maria Del Rio Carral, CERPSAVI-University of Lausanne)

13.30-14.00

Technologies of diabetes management: a short historical overview  
Vincent Pidoux, STSLab-University of Lausanne

14.00-14.30

The experience of @Freestyle Libre from a clinician point of view  
Michael Hauschild, CHUV

14.30-15.00

An ethnographic approach to @Freestyle Libre: accounts of the uses in context  
Giada Danesi, STSLab-University of Lausanne

15.00-15.30

*Coffee break*

15.30-16.15

**Keynote lecture by Trish Greenhalgh, University of Oxford**  
**The knowledge-practice gap in self-management of chronic illness**

16.15-16.45

**Final discussion**  
Moderator: Francesco Panese, STSLab/IUHMSP-University of Lausanne