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Better health

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News from Cochrane Switzerland

Our team in London at the Cochrane Colloquium

This year's [Cochrane Colloquium](#) was exceptional: it took place as a face-to-face event for the first time after a five-year break and marked the 30th anniversary of Cochrane. With the slogan 'Forward together for trusted evidence' this was celebrated in the founding country United Kingdom in the centre of London.

Erik von Elm and Cornelia Barth from Cochrane Switzerland were among the more than a thousand participants who attended and contributed to a variety of presentations, workshops and discussions from 3rd to 6th September. You can watch the recordings of the most important sessions [here](#).



Cochrane Q&A: Where can I find reliable answers to health questions?

Our [Cochrane Q&A](#) platform provides answers to health questions of general interest in German and French. Over the past few months, our team has been working hard to update and modernise the platform and make it accessible to a wider audience. To this end, Cornelia Barth and Yann Bernardinelli have met with several interest groups in French- and German-speaking Switzerland. In collaboration with the Unisanté communications team, a [video](#) (in French) was produced to present, among other things, the platform. The new design is due to go online early next year.

We will announce this on our [website](#) – keep checking back.

Cochrane evidence on pregnancy and childbirth - renewed support from the SANA Foundation

In collaboration with the [Swiss Midwives Association](#), we were able to develop a concept for German-language infographics based on Cochrane evidence on the topic of pregnancy and birth. The [SANA Foundation](#) is now supporting this project again so that we can translate the infographics into French and make them available in 2024. The ten German-language [infographics](#) have so far generated a lot of interest among practising midwives, and we can now meet the demand for a French version.

Cochrane Emeritus Membership for Gerd Antes

The former Director of Cochrane Germany, Prof. Dr Gerd Antes, played a key role in establishing the three German-speaking Cochrane Centres and helped shape the Cochrane Collaboration. He has now been honoured with "[Emeritus Membership](#)".

Many congratulations, Gerd!

Events

EBM-Congress 2024

Evidenzbasierte Politik und Gesundheitsversorgung – erreichbares Ziel oder Illusion?

13-15 March 2024 in Berlin

<https://www.ebm-netzwerk.de/de>

Global Evidence Summit

10-13 September 2024 in Prague, Czech Republic

<https://www.globalevidencesummit.org>

Reading

Current Special Collections in the Cochrane Library

current systematic reviews and other evidence syntheses in the Cochrane Library.

«Wissen Was Wirkt»: the Cochrane blog in German

The German-language Cochrane blog [Wissen Was Wirkt](#) is written by collaborators of the Cochrane Centres in Germany, Austria and Switzerland as well as by guest authors. In this year's series on the topic of cancer screening we contributed with an article titled [Darmkrebs-Früherkennung - ein Screening der besonderen Art](#).

Further current articles:

[Die Cochrane Collaboration wird 30!](#)

[Brillen mit Blaulichtfilter gegen Kunstlicht: keine Evidenz für einen Nutzen](#)

[Freiheitsentziehende Maßnahmen im Pflegeheim: Wie lassen sie sich reduzieren?](#)

[Absolutes und relatives Risiko – zwei Maße, eine Wahrheit](#)

Cochrane in Journals for Health Professional

We regularly publish short articles on current Cochrane Reviews in journals for health professionals. This year's list contains:

- [physioactive](#) in German, French and Italian:

[Prähabilitation vor Darmkrebs-Operation? - Faire une préadaptation avant une opération pour un cancer colorectal ? - Prerabilitazione prima della chirurgia per tumore del colon-retto?](#)

[Bewegungstherapie bei Arthrose - Thérapie par le mouvement en cas d'arthrose - Esercizio terapeutico nell'artrosi](#)

[Cochrane – oder wie Synthesen Antworten liefern - Cochrane, ou comment les synthèses apportent des réponses - Cochrane, ovvero come ottenere risposte dalle sintesi](#)

- [Ars Medici](#) in German:

[E-Zigaretten: Nützliche Rauchstopphilfe?](#)

[Prämenopausale Osteoporoseprävention: Keine Supplamente für gesunde Frauen](#)

[Familienplanung: Hilft das richtige Timing beim Sex, um schwanger zu werden?](#)

- [Tribuna Medica Ticinese](#) in Italian:

[Antidepressivi per la gestione del dolore negli adulti con dolore cronico: una meta-analisi a rete \(Revisione\)](#)

[Stimolazione del midollo spinale per la lombalgia \(Revisione\)](#)

[Calcio e vitamina D per aumentare la densità ossea nelle donne in premenopausa \(Revisione\)](#)

[Sigarette elettroniche per smettere di fumare \(Revisione\)](#)

[Efficacia e sicurezza dei vaccini per COVID-19 \(Revisione\)](#)

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